



DENTAL | AYURVEDIC | SKIN & HAIR



PAINLESS LASER HAIR REDUCTION

PATIENT INFORMATION LEAFLET

DR. SHILPI BANSAL

M.B.B.S., M.D. (SKIN), F (IADVL)

DERMATOLOGIST, DERMATOSURGEON & COSMETOLOGIST

WHAT IS LASER HAIR REDUCTION?

It is a procedure that uses a concentrated beam of light to remove unwanted hair. During this process, light is absorbed by pigment melanin in the hair. This light energy is converted to heat energy which damages the hair follicles, delaying and ultimately stopping future hair growth.



OUR TECHNOLOGY:

Our world class **CE** approved technology **LasyaTrinity** is one of the unique Diode Lasers offering a Laser emission of three wavelengths at the same time. The Trinity model of Lasya includes the three best wavelengths for hair removal : **755nm, 808nm, 1064nm**, making it possible to reach different levels of depth for the best hair removal outcome.

- 1) The 755nm wavelength is ideal for all types of hair and colours and is effective for superficial hair.
- 2) The 808nm wavelength of diode is gold standard for hair reduction and has moderate melanin absorption making it safe for dark skin.



3) The 1064 nm wavelength provides extra thermal energy needed for thick hair giving effective results. This combination of three wavelength allows to efficiently target the bulb and bulge of the hair follicle achieving long term lasting results for permanent hair reduction. The handpiece uses lower fluence minimizing patient discomfort and maximizing outcomes. Tundra cooling available with our machine makes it absolutely painless even on sensitive areas like bikini.



WHAT IS THE PROCEDURE OF LHR?

First the areas to be treated are marked. The area is then shaved to remove all hair. Ultrasonic gel is then applied over the area. The skin is then cooled with our Tundra cooling handpiece. Laser beam shots are then given either via stamping or in-motion technique. The cooling gel is wiped off and sunscreen is applied.





HOW LONG DOES IT TAKE FOR ONE SESSION?

Time depends on the area to be treated and by the density of hair growth. Small areas like underarms, upper lip takes only 10-15 minutes whereas back, legs, arms can take up to an hour.

WHAT CAN I EXPECT POST LASER SESSION?

LHR gives you a lighter, thinner hair with a very slow growth. A 10-15% reduction in hair can be seen after first treatment. A clearance of 85-90% of hair can be achieved with laser.

WHAT ARE THE DO'S AND DON'T S OF LASER?

No shaving, no waxing, no threading and no bleaching is to be done in between laser sessions.

Avoid direct sunlight for 2-3 days.

Use a good moisturiser and sunscreen.

Follow post LHR instructions given by your dermatologist.

HOW MANY SESSIONS ARE NEEDED?

Majority of people will require 6-8 sessions for LHR depending on skin and hair colour and type.

These 6-8 sessions take about 1 year for completion.

Later on, an annual or bi-yearly maintenance session may be needed to maintain the results achieved.

WHY DO WE NEED MULTIPLE SESSIONS OF LHR?

Multiple sessions are needed as laser beam can target melanin only in the growth phase of hair.

Hence to maximise results multiple sessions are needed.

Is it costly?

LHR in today's time has become very cost-effective and can be done at nominal rates at our clinic.

Compared to a lifetime of expenses on waxing, shaving, bleaching, threading, LHR is done very much affordable.

Is LHR safe?

LHR is the safest solution to get rid of unwanted hair.

Tundra cooling with our machine gives an absolutely painless experience.

It is safe to be done across all age groups 3 years after puberty.

Advantages of laser hair reduction.



1. LIFETIME COST SAVING
2. MORE AESTHETICALLY PLEASING
3. SAY GOODBYE TO INGROWING HAIRS, RED DOTS AND SHAVING RASHES.
4. NEVER HAVE SPIKY LEGS AGAIN
5. NO MORE EMBRASSING FACIAL HAIR
6. MORE HYGIENIC
7. CONVENIENT
8. NO MORE PAINFUL WAXING
9. IMPROVES CONFIDENCE
10. YOU NEVER HAVE TO WAX OR SHAVE AGAIN



ASK US FOR AN UNDERARMS TRIAL AND DOCTOR CONSULTATION @ ₹500/-

FACILITIES AVAILABLE:

Laser hair reduction | Laser Toning & Facial | Carbon Laser |
Chemical Peels | Hydrafacial | Photofacial | Enzyme Facial |
Mesotherapy For Glow | Glow Drip | Laser Tattoo Removal |
Acne Scar Treatment | Microneedling |
Platelet Rich Plasma Therapy (PRP) |
Growth Factor concentrate therapy (GFC) |
Hairfall Control And Growth | Mole And Wart Removal |
Anti-ageing Services | Botox And Fillers For Wrinkles |
Keloids treatment & Surgery | Lipoma And Cyst Surgery |
Skin Biopsy | Vitiligo Surgery | Ear Lobe Repair | Nail Surgery

DR. SHILPI BANSAL

M.B.B.S., M.D. (SKIN), F (IADVL)
DERMATOLOGIST, DERMATOSURGEON & COSMETOLOGIST

FOLLOW US



Email-info@eliteclinic.in | web:www.eliteclinic.in